



DECEMBER 2018/
JANUARY 2019

Seahawk News

Notes from the Principal

It's hard to believe that the 1st Semester is already coming to a close. As we approach the holiday season, I'd like to thank this amazing staff and all they do in support of the children they serve. I'm constantly amazed at their herculean efforts and the opportunities for success that they create. I'm honored to be a small part of it.

I'm happy to announce that Zach Cureton has taken on the role of Seward High's Nordic Skiing Coach. He would be the first to admit that he has a lot to learn about competitive skiing, but his can-do attitude, friendships with super-knowledgeable skiers in the community, and positive relationships with our students have made him a great fit. I know he and his students are having much fun as they are all learning.

Seward High's Drama program, under the Direction of Shelly Walker, will be performing "Who's Dying to be a Millionaire!" on Monday, Tuesday, and Wednesday (December 10-12). As you are aware, Seward High hasn't had a drama program for the last few years and I'm very excited for this new opportunity for our students. Please plan to come out to support their efforts.

Al Plan and Curt Berry return as Seward High's Basketball coaches. Coaches have been opening the gym for several months and many kids have been taking advantage. I'm excited by the level of commitment by these athletes and the season hasn't even begun! Practices began on Wednesday, November 28th, and the first home games are December 20-21 Vs. Nome. They'll play again, on Saturday, January 5th Vs. Homer.

Please note that the last day for students before the winter holiday is Thursday, December 20th, and that the school will be closed until Monday, January 7th.

Have a safe and restful holiday season and, as always, please don't hesitate to contact me directly if you have any questions, comments, or concerns. You can reach me at (907) 224-9066 or at twalker@kpbsd.org.

Trevan Walker, Principal

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End of 2nd Quarter

December 21

Winter Break

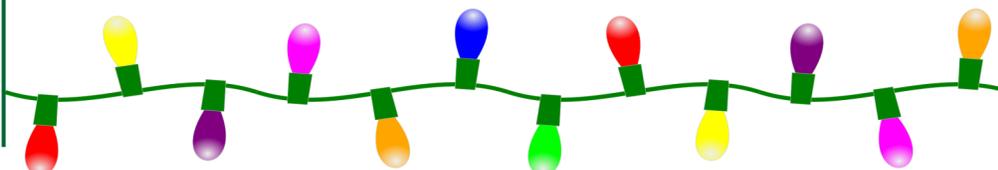
Dec. 21- Jan. 6

NO SCHOOL

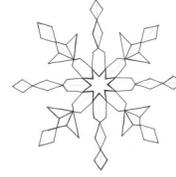
Vacation Day

January 11

NO SCHOOL



Nurse's News



Volunteer For The Health Of It

I think it is intuitive that when we willingly volunteer, we feel good about it. Studies now support that volunteering can help battle the effects of stress, anger, depression and anxiety. Our psychological well-being can be influenced by simple social contact that promotes helping and working with others in a meaningful way. Some of the physical benefits have been lower mortality rates, lower blood pressure, reducing the risk of heart disease, and lessen symptoms of chronic pain.

Before you volunteer, think about what it is you want to do. Do I want to:

Make it better around where I live. (Special shout out to the young at heart man who drives his 4 wheeler and picks up trash along the Seward highway).

Meet people who are different from me.

Try something new.

See a different way of life and places.

Volunteer at a work place that I might want to work in as a career.

Explore my interests and hobbies.



Happy Holidays,

Nurse Yoly

Seward Public Health Nurse Visit:

She will be coming December 5th and 6th. Call 1-800-770-4871 to make an appt. KPBSD does not require this vaccine but many colleges are requiring the meningococcal vaccine. It would be a great idea for Seniors to see if they are up to date with this vaccine. HPV is also another vaccine that is recommended for all HS age students.

Seward High School Blog

<http://sewardhighschool.blogs.kpbsd.k12.ak.us/>

For all the latest news! Takes the place of our daily bulletin.
Be sure to add to your favorites for easy access.



KPC-Resurrection Bay Extension Site News

Juniors and seniors the time to register for Spring 2019 is now! You may need to take the Accuplacer (English placement test) or ALEKS (math placement test) before you can register for classes. Stop by KPC office for details. **Registration deadline is Tuesday, December 18th.**

Spring 2019 Classes offered in Seward – Fundamentals of Oral Communication, Mondays 6pm -8:45 pm, Introduction to College Writing, Monday/Wednesday 11am – 12:30pm, Introduction to Literature, Tuesdays 6pm-8:45pm and a non-credit Spanish for Travelers – Tuesdays, 6 pm -8 pm, February 5 –March 5. Numerous online classes are available!

Online registration for Spring 2019 classes is open. Stop by KPC for assistance. **Classes begin January 14th.**

Seniors have you applied to a college, vocational school or making plans to enter the military? Stop by the KPC office with your letter of application so we can get your name on the application board.

College Planning Pathway Program is in the works. The intention of the program is to offer guidance for both students and parents with navigating the way to post-secondary education. Please contact Jackie Marshall with your name and email to be added to the program roster. Watch for more information about the program in the SHS monthly newsletter and daily emailed announcements.

Grades for Fall semester 2018 will be available at UAOnline on December 20th.

Transcripts for the college classes taken at KPC will need to be ordered and sent to the post-secondary institution you plan to apply or attend. Transcripts must be ordered online via www.kpc.alaska.edu click on UAOnline and log in to secured area using UA Username and UA Password. Please note-It is the student's responsibility to review their unofficial transcript for accuracy prior to submitting the online request for an official transcript.

Consider pursuing a college degree at KPC: Check out the areas of study offered at <http://www.kpc.alaska.edu/academics/areas-of-study/>

KPC Residence Life (student housing) Please visit http://www.kpc.alaska.edu/student_life/housing_dining/krc-residence-life/

Contact Resurrection Bay Extension Site Coordinator Jackie Marshall for more information 224- 2285 or jjepimarshall@alaska.edu

Counselor's Corner



Seniors—The Last Semester is Here!

Are you ready for what's to come? It's time to get serious about making preparations for graduation. Scholarship opportunities will be plentiful in the upcoming months. Be sure to check in the library for applications. While creating your initial scholarship packet does take some time, the payoff can be rewarding. The more applications you fill out, the better your chances are of being awarded a scholarship. Look at it this way—when will be the next time you get paid hundreds or even thousands of dollars for a few hours work?!

For more information contact Martha Fleming.

GRADUATION—Monday, May 20, 2019



School Resource Officer News:

Good morning everyone,

I hope this season is treating you well. This is definitely my favorite time of the year. I like to channel my inner Clark Griswold and aim to put more and more lights on the house every year. I also love the slew of activities that come with this holiday season. In a town that slows down once the cruise ships leave, December brings back some of the hustle and bustle, but this time amongst our neighbors! And of course, this season got started with a bang as we all dealt with that exciting earthquake! I wanted to take a minute and thank everyone for their cooperation and patience as we all prepared for the worst. It is an amazing thing that such a big event happened and we had no accidents, no reports of fights, no looting, etc. There are not many communities that can hold that distinction. Just another reason I love this state!

Of course, this yuletide season also brings a few areas of safety I would like to discuss. The first one is definitely safe driving. It is that time of year where there is ice on the roads but not necessarily snow in the yard. Please take your time and make sure that you give yourself plenty of room to brake. I know that the slick roads, coupled with the darkness can lead to some close calls. I myself almost hit a jaywalker in Anchorage a few weeks back, and I was driving 10 under the speed limit! So just take your time and drive slowly, especially around the schools where we have lots of students walking.

Speaking of schools and students, I wanted to remind everyone that whenever you see the stop sign extended on a school bus, you have to come to a complete stop. Do not try to go around, or through parking lots, or any other crazy plan to try to circumvent the bus. There have been a couple of tragedies in the lower 48 that have come from drivers in too much of a rush to pay attention to the school bus. So please, slow down. Just so you understand how big of a deal it is, the owner of a vehicle can get a hefty ticket *after the fact*, simply because they owned a vehicle that failed to stop for a school bus. There is no requirement to prove the owner was driving! So parents, remind your students to pay attention. Just because a police officer didn't see it happen does not mean you get away with it. So the best thing, again, is to slow down while driving.

Finally, while this season is supposed to be a happy one, often times the stress of trying to fit everything in can wear on you. Unfortunately this time of year brings many mental health related calls to the police department. Do me a favor and reach out to your fellow students. If you see someone who seems down, be a good neighbor and check in on them. My hope is that no one finds themselves alone during this Christmas season. If you have any concerns about the well being of anyone, please come and talk to me. You can make an anonymous report and we can just check to make sure they are doing ok.

I hope everyone stays safe and has a good holiday season. Just remember that when its cold and dark, we need to slow down and look after each other!

Until next time,
Morgan Woodard
Seward Police Department
(907) 422-7670



The Art Room

Art students are researching the life of Vincent Van Gogh in preparation for the viewing of the first hand-painted film, **Loving Vincent**. Students have transitioned to working with clay for the remainder of the semester, creating projects with personal interest using the sculpture, slab, or wheel method.



Paola Baez



Alexandria Toloff



Isiah Harris

Seward Seahawks Athletic Booster Club News!

It's been a quiet November except for that KC Chiefs and LA Rams football game! OMG – can you believe the score?!!

A big thank you to Holland America Lines for the \$2,000 grant recently awarded to SSABC! HAL has a local advisory board that has been so supportive of the local community so please thank HAL representatives if you ever run in to them. Boosters will either apply these funds to HUDL software or uniforms.

Winter sports are getting ready to start up with basketball being the indoor sport that keeps our concession stand busy. Please be on the lookout for emails, text messages, and Facebook posts from team parents asking for volunteers for concessions. Teams earn 20% of the profit.

Our next fundraiser will be a silent auction that we're debating about hosting either during the Seahawk Classic Basketball Tournament (as usual) or during Regions Basketball in early March which will be held in **SEWARD!!** Years past this used to only be a dessert auction but last year there was a positive response to smoked salmon, art, and other items so we're going to go with it. Celeste Lemme has graciously agreed to lead the committee so please contact Celeste if you're able to help out and/or donate an item. You can text Maya so we can keep Celeste's contact info semi-private. ;-)

Membership forms continue to trickle in and we're grateful for them. Forms are available in the school office or the concessions stand. Completed forms and dues can be returned to the office or mailed in. We have memberships for students, individuals, families, and businesses. Your membership gets you a free popcorn at home games and that glowing feeling of knowing that you're supporting the SHS athletic program.

Banner forms have also been trickling in both new and renewals. Please make sure that you take some time to admire the banners and give a mental thanks to our local businesses, unions, and services for their support of the athletic program. You can also thank them personally for their support when you patronize their business too.

Booster Club meets the first Tuesday of every month with our next meeting November 4th, 6 p.m., SHS Library. Hope to see you there!

“I alone cannot change the world but I can cast a stone across the waters, to create many ripples.”



Maya Moriarty, President
 Jason Ebberson, Vice President
 Angela Ebberson, Secretary
 Grace Williams, Treasurer
 Julie DeBoard, Member At Large
 Andrea Rodriguez, Concessions

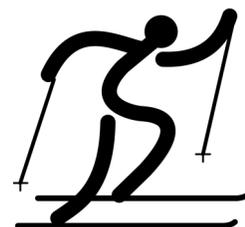


Contact us at sewardboosters@gmail.com

Facebook: Seward High School Athletic Booster Club

December & January Events:

December 1	Wrestling @ Barrow
December 7 & 8	TBA XC Skiing @ Lynx Loppet Regions Wrestling @ Grace
December 13-15	Boys Varsity Basketball @ Service Tourney Girls Varsity Basketball @ Service Tourney
December 20	Boys Varsity Basketball vs. Nome @ 6:30PM Girls Varsity Basketball vs. Nome @ 8:00PM
December 21	INSERVICE-NO SCHOOL Girls JV Basketball vs. Soldotna @ 2:00PM Boys JV Basketball vs. Soldotna @ 3:30PM Girls Varsity Basketball vs. Nome @ 5:00PM Boys Varsity Basketball vs. Nome @ 6:30PM
January 5	Girls Basketball vs. Homer HS (JV, V @ 12:00PM; 3:00PM) Boys Basketball vs. Homer HS (JV, V @ 1:30PM; 4:30PM)
January 10	Girls Basketball @ home vs. Nikiski (JV, V @ 3:00PM; 6:00PM) Boys Basketball @ home vs. Nikiski (JV, V @ 4:30PM, 7:30PM)
January 11	XC Skiing Valdez Girls Basketball @ Soldotna (JV, V @ 3:00PM; 6:00PM) Boys Basketball @ Soldotna(JV, V @ 4:30PM; 7:30PM)
January 12	XC Skiing @ Valdez
January 14	Vacation Day- NO SCHOOL
January 17	Girls & Boys Basketball @ Delta Tourney
January 18-19	Girls & Boys Basketball @ Delta Tourney XC Skiing @ Grace
January 25	Girls Basketball vs. Houston (JV, V @ 3:00PM; 6:00PM) Boys Basketball vs. Houston (JV, V @ 4:30PM, 7:30PM) XC Skiing @ Kenai High School
January 26	Girls Basketball @ home vs. Nikiski (JV, V @ 3:00PM; 6:00PM) Boys Basketball @ home vs. Nikiski (JV, V @ 4:30PM, 7:30PM)
January 27	XC Skiing @ home Girls Basketball vs. Joe Redington (JV, V @ 11:00AM; 2:00PM) Boys Basketball vs. Joe Redington (JV, V @ 12:30PM; 3:30PM)



Click here for our Online Events Calendar: <http://sewardhighschool.bigteams.com/main/calendar>

Calendar of Events

Home sporting events are in bold print.

If you would like to be added to the email list to receive the SHS Daily Bulletin, please email Stephanie Withrow at swithrow@kpbsd.org



Pool Schedule for December 24-January 6:

Open Swim:

W, F 6:30PM-7:50PM

T, TH 1:30PM-2:50PM

Lap Swim:

W, F 6:30AM-8:00AM, 5:30PM-6:30PM

T, TH 11:00AM-12:30PM, 5:00PM-6:30PM

Parent/Tot Swim:

T, TH 11:00AM-12:30PM

Closed December 24th, 25th, 31st & January 1st

Seward High School Pool Schedule

Aug 20 - Dec 21 2018

Pool closed Sept 2, 3, Nov 22 - 25

Lap Swim

M, W, F 6:30 - 8:00 am 5:00 – 6:30 pm

T & Th 11:00 – 12:30

Sun (starting Nov 4) 5:30 – 7:00 pm

Open Swim

M, W, F 6:30 – 7:50 pm

Sun (starting Nov 4) 4:00 – 5:20 pm

Parent & Tot Swim

T & Th 11:00 – 12:30

Admission fees Adults \$5. Youth/Senior \$4.

Plunge cards 10 adult \$45. 10 youth/senior \$35.

Purchase plunge cards at pool.

Closed evenings: Aug 24, Sept 28, Oct 12,26

No Open swim Wed, Oct 31

224 – 9050 to leave message, 224 – 3900 for schedule update.



PowerSchool - Where to Go To Be In The Know

Seward High School makes every effort to communicate with students and their families about what is happening at the high school. A great source of information is our online *PowerSchool* program. Students and parents can access a wealth of information including class schedules, grades, attendance, and the school blog. Parents and students must have their own access code to use *PowerSchool* and letters with this information have been sent home this year. If you have not logged into *PowerSchool* please contact our school counselor.

There are two ways to log into *PowerSchool*. Go to the internet and type in 1.) <http://ps.kpbsd.org/public>. This will take you to the login page, or 2.) Go the school district’s website www.kpbsd.k12.ak.us and click on Students/Parents. On the left side of the screen you will see the *PowerSchool* icon or symbol. Click here and it will take you to the login page. If you haven’t checked out *PowerSchool* by now you should.

We also distribute information via daily announcements to the student body every morning and we send out a monthly newsletter that has a calendar for the month’s events with important dates to remember. All three schools use the electronic sign on the highway that is updated weekly. Also check out the High School’s blog for daily information. Be sure to take an active role in finding out what is happening at the high school. So, now you know—where to go—to be in the know!



Popular Links:

[Early Release Days](#)

[Bus Routes and Student Transportation](#)

[Mobile App](#)

[New-To-District Students](#)

[Online Payments for Activity Fees and Food Service Fees](#)

[Parent Student Handbook](#)

[PowerSchool Navigation Tips](#)

[Safety Protocol at KPBSD Schools](#)

[School Calendars](#)

[School Delays and Closures](#)

[School Development Plan Goals](#)

[School Start and End Times](#)

[Common Links for Parents and Students](#)

